Empowerment Of Rural Communities Through The Development Of "Soft Skills Soybean Tempe Making" In An Effort To Increase Family Income In Deli Serdang

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Abstract

Many women in rural areas whose lives rely on their husbands' income to work in the building environment where they live are not uncommon for a husband to support his family to wander out of town to work on building projects and private house buildings where there are people who need carpentry services. while waiting for the husband to come home, the mother helps increase her husband's income sometimes working in the fields, working in the fields only occasionally planting, cleaning the grass and harvesting. There is so much free time for women. That is according to the statement of the village head Muslim father, M.Pd in Jalan Balai Desa I Gg. Prosperous Hamlet III Village Tanjong Anom District Pancurbatu Deli Serdang before we held community service activities. Community service activities this time focused on the empowerment of rural communities through the development of soft skills soybean tempe making in an effort to increase family income in Deli Serdang. The purpose of this activity is the empowerment of women by providing skills that can increase family income.

Keywords: Women Empowerment, Soybean Tempeh, Leisure, Family Income.

INTRODUCTION

Present as a change agent social assistance that is also involved in helping solve the problems faced by the community. Community assistance can be interpreted as a dynamic interaction between community groups and partners to jointly face various challenges such as; designing programs to improve socio-economic life, education, mobilizing local community resources, solving social problems, creating or opening access to meeting needs, establishing cooperation with various parties relevant to the context of Community Empowerment.

According to Payne (1986), the main principle of mentoring is "making the best of the client's resources". In line with the strengths perspective, community partners do not view their clients and their environment as passive systems with no potential. Rather, they are seen as social systems that have positive power and benefit the problem-solving process. Part of the social work approach is to find something good and useful.

Social assistance has a decisive role in the success of community empowerment programs. In accordance with the principle of empowerment, community empowerment really needs to pay attention to the importance of public participation. In this context, the role of a social worker or community companion is often manifested in his capacity as a companion, not as a healer or problem solver directly. The Program is usually manifested in the form of strengthening the participation of the people in the process of planning, implementation, and monitoring and evaluation of the program activities.

The companions enable the community members to be able to identify the strengths that exist in them, as well as access the community resources that are around them. Chaperones also typically help build and strengthen networks and relationships between local communities and broader development policies. Community partners should have knowledge and skills



about how to work with individuals in the context of local communities, as well as how to influence community positions in the context of broader social institutions.

Rural communities are synonymous with low education, low income, low productivity, young marriage. In an effort to empower rural communities, assistance is needed from competent institutions in matters of Community Empowerment. Higher education is one of the institutions that is able to provide assistance to the village community. One of the programs of Tri Dharma College is community service.

Rural communities are mostly underprivileged people. Poor in terms of education, income, and in terms of productivity. Poverty is sometimes seen as a punishment from God wrapped in fate, but of course, we see that God also has an extraordinary interpretation in writing human stories. Poor in this case is not limited to mere destiny, but rather another condition is that human beings are impoverished by very systemic conditions in a policy that may not be populist. With this fact, it would be Service to the community in terms of empowerment of the village community needs to be done. Community empowerment is expected to increase their income. Empowerment to the community that will be implemented is to provide the skills of making Tempe kedalai.

RESEARCH METHODS

This activity was carried out by the method of briefing, survey and question and answer / interactive dialogue to the people of DesaTanjung Anom, Pancurbatu District, Deli Serdang regency related to the development of Soft skills by making so Tempe Kedelai.

- Steps For Implementing Community Service Activities

 1. The community service implementation team conduction.
 - 1. The community service implementation team conducted an initial survey to Tanjung Anom village.
 - 2. The community service implementation team contacted the village head and the local hamlet head.
 - 3. The community service implementation team determines the right time to carry out the service.
 - 4. The community service implementation team goes to the service location according to the predetermined time.
 - 5. The community service implementation team provides guidance and practices for making soybean tempe to women in Tanjung Anom village.

Materials Used In Devotion

Tempe Kedelau is a type of food that is very interested in the community for a mixture of vegetables ,rice cake,fried foods,tempeh chips and we still often encounter preparations made from tempeh in some areas in Deli Serdang . Here is the recipe for making it : Ingredients:

- 1. 1 Kg of yellow soybeans (rather large beans)
- 2. Half-cooked soybean Ribus
- 3. Soak soybeans for two days with clean water (setip day replace water)
- 4. Separate the epidermis of soybeans
- 5. After two days of soaking and then washed soybeans
- 6. On the boil again
- 7. After cooked drain let cool



How To Make:

- 1. After the beans are cold, mix the tempeh yeast to taste and stir until evenly distributed.
- 2. Prepare cellophane or banana leaves for wrapping.
- 3. Given air holes by poking plastic or banana leaves to provide air space.
- 4. Arrange in a flat place and then tidy so that the shape is neat as in print
- 5. Ready Tempe in kunsumsi or on sale.

RESULTS AND DISCUSSION

This Program aims to actualize one of the elements of Catur Darma Perguruan Tinggi Sekolah Tinggi Agama Islam Darul Arafah, namely community service and to help the community in increasing family income. Community service is to provide empowerment to women in the village of Tanjung Anom District.Pancur Batu District. Deli is to utilize the production of soybean farmers to be used as a product in the form of soybean tempeh. Making soybean tempeh by women in the village of Tanjung Anom is expected to provide additional income for their families.





Photo with office employees and visitors at the Tanjung Anom Village Office Kec.Pancur Batu District.Deli Deli Serdang.



Figure 1. After the material in the soak two days



Figure 2: ingredients that have been boiled and mixed with yeast are ready to be wrapped.



Figure 3. Tempe after wrapping and stacking



Figure 3. Tempe is cooked after two days and ready to be processed or consumed

Based on the response of the community to the training and mentoring activities provided by the service team from the Darul Arafah Islamic High School Jl.Berdikari lau Bakery Deli Serdang North Sumatra and experts, there is a high enthusiasm for the community in participating in these activities, so that these activities need to be done on an ongoing basis to assist the community in improving their welfare through small business management. With this activity, the community felt very helped from the aspects of business management and technical guidance carried out. Training and mentoring activities on soybean tempe making business is the right way to help the community in increasing family income.

This community service activity can generally be carried out in accordance with the plan. Although in the implementation there is still a schedule of activities that are delayed as a result of schedule adjustments between the activities of the community service team of STAI Darul Arafah Deli Serdang, the community and existing village officials. But in the end, the implementation of this activity can generally be carried out in accordance with the established work procedures.

The response from the community to the community empowerment activities provided by the community service team STAI Darul Arafah there is a high enthusiasm from the community in participating in these activities, so this activity needs to be done on an ongoing basis to help the community in increasing family income by utilizing cassava to make samiler crackers.

CONCLUSION

Some things that can be concluded from this community service activity are: In general, the problem that occurs in rural communities is the amount of time wasted because they work in the fields that sometimes work-sometimes not. The income they receive is only enough for daily needs. So it is not uncommon for rural communities are still less able to meet the needs of others.

This community service activity has been able to provide soybean tempe making skills so that it is hoped that by having the skills, the community can use their spare time to produce products in the form of soybean tempe which can later increase the income of the village community.



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